



Pernet CLG

Pernet CLG is the trading name for

PLANT

(Pernet Lay Associates Networking Together)

PLANT is a lay organisation underpinned by the values of the Little Sisters of the Assumption.

We believe in the value and dignity of each individual.

We seek justice for all whose opportunity for a full life is denied.

We seek our own personal growth and the growth of others around us.

PLANT is organised into ten groups :

Family, Youth, Education, Spirituality, Justice, Enterprise,

Fund raising, Hospitality, Celebration and Pernet Groups.

TFT MAIN ACTIVITIES:

This enables you to do something for your community & do it very well.



We plant seeds that one day will grow



We lay foundations that will need further development.



Deal with Conflict



Learn more about the social forces shaping our communities



Build Self Confidence



TRAINING FOR TRANSFORMATION COURSE DETAILS

VENUE:

**Diocesan Pastoral Centre,
Newtownsmith, Galway**

Friday evenings:	7.30pm - 9.30pm
Saturdays	10.00am - 4.00pm
Workshop 1	27th & 28th Sept '19
Workshop 2	18th & 19th Oct '19
Workshop 3	15th & 16th Nov '19
Workshop 4	7th & 8th Feb '20
Workshop 5	20th & 21st Mar '20
Workshop 6	3rd & 4th April '20

This is what we are about:

We plant the seeds that one day will grow. We water seeds already planted, knowing that they hold future promise. We lay foundations that will need further development. We provide yeast that produces far beyond our capabilities.

We cannot do everything, and there is a sense of liberation in realizing that. This enables us to do something, and to do it very well.

Ken Untener writing on the work of Oscar Romero, one of the inspirations for the programme Training for Transformation.

**For further information contact:
Imelda 086 6098887 Mary 086 3836567
www.pernetlayassociates.com**

Pernet Lay Associates
Networking Together

TRAINING FOR TRANSFORMATION



Age 18+

September 2019 - April 2020

A leadership training programme for volunteers and staff involved in community based-organisations:

- Community organisations - social, sports, residents associations etc.
- Organisations working with youth or older people
- Advocacy groups for social minorities
 - Church groups
 - Family Resource Centres
- Groups working for social justice



MARTIN KENNEDY



Martin Kennedy will be delivering the Training for Transformation programme. He works freelance as a trainer and facilitator with community, statutory and voluntary groups around the country. He has been working with the TFT for over

35 years. Martin is married with two children and living in Killeshandra Co. Cavan.

INTRODUCTION

Training for Transformation (TFT) is a Community Leadership programme that seeks to provide skills for community activists to achieve their goals. It is centered on a belief in the dignity of each person in the community and a belief in the capacity of each to make a contribution to their community.

TFT seeks to develop in the participants

- A strong sense of self-confidence in what they have to offer
- Understanding of forces shaping society and communities
- Leadership skills in working with others to achieve goals

The course seeks to put into practice its message through the way it is run. It's basic principle is that 'none of us is smart as all of us'. The method of working involves peer learning - drawing out the insights and experiences already in the group as well as offering new information and insights. This includes creating group experiences that are then used as sources of learning. It also includes drawing on the experiences of the participants from their wider social and community involvements. This involves creating group experiences that can then be learned from. The programme focuses on the actual involvements of participants for some of its material.

Five areas of learning are brought together in the programme:

- Personal growth
- Group skills
- Social analysis
- Community leadership
- Organisational development

HISTORY

The programme was initially put together in Africa by community development activists in the 1970's. It's origin was among groups and individuals interested in developing skills for effecting change in a manner respectful of human dignity. While its inspiration is for a better kind of society it is not utopian. Instead it focuses on practical concrete ways of achieving change in the context of real issues, big and small, affecting individuals and communities. TFT was brought to Ireland in the early 1980's by returned community development workers. It has been used widely across the country in the last forty years.

OUTCOMES

The programme generally runs for the equivalent of 9 days. It's normal outcome is to further empower the participants to engage in some form of development work.

Many different types of groups have been helped to work more effectively together to do the following:

- Build an atmosphere of welcome and trust in the group
- Facilitate group meetings
- Recognise and include the different skills of the members
- Plan together and take action together
- Deal with conflict
- Learn more about the social forces shaping our communities
- Learn more about 'bottom up' approaches to community and organisational development

APPLICATION FORM

NAME:

ADDRESS:

MOBILE:

EMAIL:

DEPOSIT PAID
(non refundable)

SIGNATURE:

Investment for all six workshops
Deposit: €50 – Non refundable
Total Cost: €150
Some bursaries available

Contact:
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Helen Mc Greal : (086) 8240691
Imelda O'Sullivan : (086) 6098887